

Our ref: HW/ce

16<sup>th</sup> June 2011

**Private & Confidential**

Mr Jason Spring  
Consultant Orthopaedic Surgeon  
Whiston Hospital

Dear Mr Spring,

**Re: Thomas Jones**  
**Date of Birth: 22.06.1972**  
**Address: 1 The House, 2 The Road, Liverpool, L1 3BA**  
**Telephone No: 07742 193218**

I would be grateful if you could see this 38 year old gentleman. Mr Jones is a nice young gentleman who tells me since buying tight footwear has suffered from left medial foot arch pain. The pain has been fluctuating since March and he has unfortunately received no benefit from physiotherapy. He finds that the pain gets worse after he resumes his exercise regime.

On examination, there is no bony tenderness. He is somewhat tender over the mid point of his medial arch on his left foot.

I wonder if this is unresolved plantar fasciitis and whether he would benefit from a steroid injection. I would be grateful for your expert opinion.

Thank you very much for seeing him.

Yours sincerely,

**Dr Helen White**  
**BSc(Hons) MBBS MRCS**